

## Parents are overwhelmed – here's how we can all help



As schools remain closed and the COVID-19 pandemic continues to affect our lives, parents are faced with new challenges every day.

On top of disruptions to work routines, and social distancing, parents also have to manage their child's education – understandably, some are feeling overwhelmed.

Here Parent Zone's CEO Vicki Shotbolt suggests we need to start celebrating 'good enough' rather than expecting too much.

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## 14 fantastic YouTube channels for children



YouTube can be a great source of education and entertainment – and in the current climate, that makes it a fantastic tool for keeping children occupied.

With thousands of channels to choose from, though, finding the best content for your child may seem like a daunting task.

Fortunately, there are plenty of child-friendly YouTube channels for your kids to get stuck into, and we've rounded up some of our favourites.

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## What families need to know about Zoom



Despite having been around for almost a decade, few people had heard of Zoom before the COVID-19 outbreak – but the service has since seen an immense increase in sign-ups.

Here we look into what Zoom has to offer and whether it's a safe video chatting option for families.

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## Facebook Portal: what is it and is it safe for families?



Facebook has launched Portal, a series of four devices offering smart displays (Portal, Portal Plus, Portal Mini, Portal TV) that provide video chat via Facebook Messenger and WhatsApp.

Is Facebook's bid to compete in the newly popular video chat market any good? We put it through its paces to find out.

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The **COVID-19 situation** is throwing new challenges at everyone – especially those of us who work with children and families.

In case you missed it, we're offering all schools and organisations **free Parent Zone Membership until 19 June** to ensure you have the most useful information and advice at your fingertips, whatever happens.

You'll have access to a library of exclusive materials written by our expert team at Parent Zone to support the families you work with through this difficult time – including resources specifically designed to help families deal with the new challenges posed by COVID-19 such as:

- **Talking to children and young people about COVID-19.**
- **Families' COVID-19 questions answered**
- **What parents in lockdown need to know about digital resilience**

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Until next time,

**Team PZ**



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