



Shakespeare Primary School



'It is not in the stars to hold our destiny but in ourselves.'

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BUMP TO THE HEAD ADVICE

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This leaflet contains advice and guidance to follow if you receive notification that your child has had a bump to their head whilst at school. We always inform parents if children have a bump to their head to enable close monitoring to be maintained for at least 48 hours once the child gets home. We will inform you either by text, phone or by sending home a bumped head note. This is because it is possible, that a more serious internal injury could occur without obvious symptoms, several hours after the initial bump.

This leaflet is not intended to cause alarm or worry, and although the chance of a serious injury occurring is unlikely, this leaflet is to provide information and guidance which could prove vital in exceptional circumstance. For your guidance, symptoms of a serious head injury are listed below:

It is important, for head injuries that you watch for signs or symptoms in your child that might indicate a more serious injury.

PLEASE WATCH FOR:

- Child seems disorientated
- Impaired or loss of consciousness
- Drowsiness that is unexpected
- Vomiting more than once
- Noisy breathing becoming slow
- Any signs of blood or watery fluid coming from the nose or ears
- Any complaint of headache
- Any complaint of 'seeing double' or 'blurred eyesight', unequal or dilated pupils, or blood in the white of the eye
- Weakness or paralysis of one side of the body
- High temperature or flushed face
- Noticeable change in personality or behaviour
- A soft area or depression of the scalp
- Distortion or lack of symmetry of the face or head

If any of these signs develop, you should seek immediate advice from your GP or local A&E department.